



## **2019-2020 All-Star Info Packet**

### **Welcome to KY Pride All-Stars**

**The Kentucky Cheerleading Center – KCC was founded in 2012, and we have been blessed to be the cheerleading home for thousands of athletes. KY Pride All-stars was founded in 2014 with our first half year all-star team. We added Full year all-stars in 2017. This will be our 3<sup>rd</sup> season for our Full Year Elite Program. We focus on being a family friendly environment, teaching life lessons, displaying great sportsmanship, and above all our core values:**

**Passion, Respect, Integrity, Discipline, and Excellence.**

**We are thankful for all of our returning athletes and their families, and are excited to grow and begin another season with you. If you are new to KY Pride, we look forward to meeting you and providing your family with a truly fantastic competitive cheerleading home.**

### **Evaluations**

- **Evaluations will be held on May 28<sup>th</sup> – 30<sup>th</sup>**
- **Ages 5-8: Tuesday, May 28<sup>th</sup> 6-8pm**
- **Ages 9-11: Wednesday, May 29<sup>th</sup> 7-9pm**
- **Ages 12+: Thursday, May 30<sup>th</sup> 7-9pm**

**Team placements are made with the team and programs best interests in mind. Cheerleading is a complex team sport requiring many different levels of specialized training. All of these areas are considered together to properly place each athlete on a team best suited for their individual needs and that of the team. Tumbling, stunting, motions, dance, jumps, tosses,**

**experience, attitude, maturity, work ethic, and more are considered when placing athletes on a team.**

## **Team Placements**

- **After the conclusion of our evaluation process, we will announce our 2019-2020 Team Placements via Social Media and e-mail. We will send out e-mails about practice times for each team after Team Placements have been finalized. Mandatory parent meetings will take place during the last 30 minutes of your teams first scheduled practice. Teams will be formed that will be able to score as high as possible in both difficulty and execution/technique in every aspect of the scoresheet. It is important to understand team members will not all have the exact same tumbling skills, etc. Stunting, jumping, performance and other aspects of the scoresheet are just as important as tumbling skills. Please reach out to the All-Star Director (Alex) with any questions you have about team placements**

## **Pricing & Fees**

- **Our cheer season runs from June – April. Tuition covers weekly practices, weekend practices, and additional practices. KY Pride will utilize a **BALANCED BILLING PLAN this season.****
- **\$280/Month**
- **This includes all fee's listed below.**
- **TUITION**
  - **\$120 Tuition**
- **Uniform**
  - **We will be getting new uniforms this season.**
- **Practice Wear**
- **Varsity Ascend Cheer Shoes**
- **Choreography**
- **Competition Fee's**
- **Competition Bow**
- **Music**
- **Coaches Travel Fee's**

### **NOT INCLUDED:**

- **\$50 Annual Fee (June)**
- **\$TBD Warm Up (Optional) (October)**

## **Competition Schedule**

- **Competition schedule will be released in June. 2019-2020 competition schedule will include 7 competitions. 6 regular season events and one end of the year bid event.**
- **Competition schedule is subject to change based on pricing, Summit Bids, and other factors.**

## **Choreography**

- **We will notify each team at their initial parent meeting of their specific choreography dates so summer vacations can be planned/modified in order to make sure your athlete is present for their choreography dates.**

## **Stunt Camp**

- **We will be holding stunt camp for out teams during July. Specific dates will be available at first team practice. This 3 day camp will help our teams bond and be better prepared for choreography. We will utilize this time to work on stunt sequences and pyramids. This is something new for our program and we are excited to be able to use this time in order to not only strengthen our building sections, but also begin bonding as a program.**

## **Payment Policy**

- **All monthly gym fees are due at the 1<sup>st</sup> practice of each month**
- **Any athlete who has not paid by the 10<sup>th</sup> of the month will receive a \$20 late fee and be ineligible to participate.**
- **We understand there can be extenuating circumstances that may lead to payments being late; make sure to discuss any issues with KCC ahead of time and we will be happy to work with you! Failure to make arrangements will result in late fee's and ineligibility.**

## **Attendance Policy**

- **Cheer requires total team participation, therefore ALL practices are mandatory**
- **Parents withholding athletes from practice as a method of discipline will be considered an unexcused absence**
- **Sore muscles, stomach aches, headaches, etc... are not excuses to miss practice**
- **If you are injured or sick resulting in a missed practice, a doctor's note will be required before returning to practice**
- **No absences allowed within two weeks of competition. You will be taken out of choreography.**
- **In the event of a family emergency, notify Alex ASAP**

## **Dress Code**

**KY Pride will have mandatory practice wear that must be worn to practice. Failure to do so will result in conditioning. NO EXCUSES!**

- **Proper Shoes**
- **Sports Bras**
- **Spandex**
- **Shirts**
- **Shorts**
- **No Jewelry**
- **Fingernails short**
- **Hair Up**
- **NO HEADBANDS**

## **Conduct Policy**

- **Social Media will be monitored. Inappropriate posts reflect not only the athlete personally, but also the team and gym as a whole.**
- **Negative comments against the gym, coaches, other athletes, or other parents will not be tolerated.**
- **Coaches have the final say in all decisions regarding the team**

- **KPAS athletes must represent themselves with “Pride” at all times**
- **No Alcohol or Tobacco use. Athletes will be dismissed from the team immediately if found in violation of the gym substance policy**
- **Absolutely NO Foul Language or Profanity**
- **Respect competition officials and employees! No exceptions**

## **Parents and Relatives**

- **Parents are held to the same standards as our athletes**
- **Negative comments or gossip against the gym, coaches, other athletes, or other parents will not be tolerated. If a parent violates this rule, they will be placed on pick-up and drop-off only. This means that they will not be allowed to sit in the parent viewing room to watch practices for the remainder of the season.**
- **Parents are NEVER allowed to speak to a competition official or competition company for any reason. This is a 1 Strike policy!**
- **Parents are not allowed to represent KPAS or KCC on their own. All team activities, accommodations, fundraisers, etc... must go through KCC, LLC.**
- **The KPAS and KCC logos are the sole property of KCC, LLC. All uses of Kentucky Pride or KCC Logo's or likeness have to be approved by KCC, LLC.**
- **Leave coaching to the coaches! We are trained in proper spotting and progression. Please do not ask your child to attempt or perform skills outside of KCC.**

**KY Pride reserves the right to at any time alter the team handbook as we see fit**

## **Signature Page**

**I HAVE CAREFULLY READ THIS INFORMATION PACKET AND UNDERSTAND ITS CONTENTS. I AM AWARE OF ALL OF THE POLICIES IN PLACE BY KY PRIDE ALL-STARS AND KCC, LLC. I WILL ABIDE BY ALL POLICIES LISTED ABOVE. REMOVAL FROM THE TEAM FOR NOT FOLLOWING THE ABOVE WILL NOT UNDER ANY CIRCUMSTANCE RESULT IN A REFUND. I UNDERSTAND THE FINANCIAL OBLIGATIONS AND AGREE TO THE BALANCED PAYMENT PLAN. FAILURE TO MAKE PAYMENTS ON TIME WILL RESULT IN DISMISSAL FROM THE PROGRAM. FAILURE TO ADHERE TO THE ATTENDANCE POLICY WILL RESULT IN DISMISSAL FROM THE PROGRAM. I UNDERSTAND BY SIGNING THIS AGREEMENT I AM MAKING A YEAR LONG COMMITMENT TO KY PRIDE ALL-STARS.**

**Signature of Participant:** \_\_\_\_\_

**Print Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Signature of Parent or Guardian:**

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